

Suffolk County Community College Exercise Science (AS)			St. Joseph's University Recreation, Sports and Park Administration (BS)			
Course #	Course Title	Credits Granted	Course #	Equivalent Course Title	SJNY Core	Credits Accepted
COL 100 or COL101	The College Experience or College Seminar	1	ELE-ELE	General Elective	Gen Elective	1
EXS 100 or PFS 103	Introduction to Exercise Science or Fundamentals of Personal Training	3	ELE-ELE	General Elective	Gen Elective	3
ENG 101 or ENG 100	Standard Freshman Composition or Enhanced Freshman Composition	3	ENG 103	Writing for Effective Communication	CLA	3
HIS 104	Modern American History	3	HIS 172	American History II	S&S- HIS core	3
	Mathematics Elective	3-4		SJNY Core **	MPNW	3-4
HSC 112 or PED 192	Safety, First Aid, CPR or Critical Sports Studies	3	ELE-ELE	General Elective	Gen Elective	3
	Physical Education Elective	1	ELE-ELE	General Elective	Gen Elective	1
ENG 102	Introduction to Literature	3	ENG QM1	English Quest for Meaning	QM	3
BIO 130	Anatomy and Physiology I	4	BIO 160	Anatomy and Physiology I	MPNW	4
BIO 132	Anatomy and Physiology II	4	BIO 161	Anatomy and Physiology II	MPNW	4
	Physical Education Elective	1	ELE-ELE	General Elective	Gen Elective	1
PSY 101	Introduction to Psychology	3	PSY 100	Introduction to Psychology	S&S	3
EXS 206	Fitness Testing and Exercise Prescription	3	ELE-ELE	General Elective	Gen Ele	3
PFS/EXS 102	Foundations of Fitness Programming	1	ELE-ELE	Elective		1
COM101	Introduction to Human Communication (Exclude: COM105)	3	SPC 102	Introduction to Human Communication	HE	3
PFS/EXS 212	Injury Prevention and Management	3		No Transfer credits	-----	0
EXS 215	Essentials of Strength Training and Conditioning	3	ELE-ELE	General Elective	Gen Elective	3
PFS/EXS 114	Fitness and Facility Management (Exclude: HSC110 or PSY202)	3	REC262	Facility Planning and Management of Sport, Recreation, and Fitness Settings	Major	3
PFS/EXS 211	Nutrition and Human Performance	3	SCI MPNL	Non-Lab Science	Gen Elective	3
PFS/EXS 217	Fieldwork in Fitness	3	ELE-ELE	General Elective	Gen Elective	3
BIO 245	Kinesiology	4	ELE-ELE	General Elective	Gen Elective	4
	SJNY Core HE (SUNY-GE Elective)	3		SJNY Core **	HE	3
HSC 114	Group Dynamics (SUNY-GE Elective)	3	PSY 150	Group Dynamics & Communication	S&S-required	3
<b>Total Credits</b>		<b>64-65</b>	<b>Total Credits Transferred</b>			<b>61-62</b>
<b>Remaining Minimum Credits Needed for Graduation after Transfer</b>						<b>70</b>

\*\*See SJNY Core list for acceptable courses (ASL does not count for SJNY core)

SCCC catalogue 2022-2024 major was Fitness Specialist. (PFS course prefix). 2023-2025 is now Exercise Science (EXS course prefix) Course numbers and descriptions are the same.